

NORDIC CHAMPIONSHIP 2019 | CANOE & KAYAK MARATHON | PORI, FINLAND



Melamajavat ry and the Finnish Canoeing and Rowing Federation
warmly welcome you to

**THE FINNISH MARATHON CHAMPIONSHIPS FOR CANOE AND KAYAK,
THE OPEN NORDIC CHAMPIONSHIPS
AND THE FINNISH CUP EVENT
HELD DURING 12.–14.7.2019 IN PORI**



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The Race Schedule

Friday 12.7.2019

- at 19.00** a meeting for team leaders: Finnish Championship- and Nordic Championship-series (18 year-olds. 23 year-olds., general, masters)
Melamajavat building, Hevosluodontie, Pori

Saturday 13.7.2019

- at 8.30** a meeting for team leaders: Junior Championship classes and the Junior Nordic Championship classes (14 year-olds., 16 year-olds.), The Finnish Cup

beginning at 10.00

The Junior Championships and Nordic Junior Championships starts, The Finnish Cup start

beginning at 12.00

the Finnish Championships and Nordic Championships start

- ~ **at 13.00** Medal ceremony for the Finnish Cup, Junior Championships- and Nordic Junior Championship-classes

- ~ **at 15.30** Medal ceremony for the Finnish Championship- and Nordic Championship-classes

Sunday 14.7.2019

- at 10.30** Finnish Championships K-2 and Nordic Championships K-2 start
at 10.45 Junior Championships K-2 and Nordic Junior Championships K-2 start
~ **at 14.00** Medal ceremony



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Classes:

Junior Championship race, and the Nordic Junior Championship race:

K-1 / K-2	U16 Girls	12 km	3 laps	3 portages
K-1 / K-2, C-1	U16 Boys	12 km	3 laps	3 portages
K-1	U14 Girls/ Boys	8 km	2 laps	2 portages

Finnish Cup event for kayaking:

K-1	U10 Girls/ Boys	2 km	1 (Finnish Cup) lap	1 portages
K-1	U12 Girls / Boys	4 km	2 (Finnish Cup) laps	2 portages
K-1	Motion	8 km	2 laps	no portages

The Finnish Championship race and the Nordic Championship race:

K-1 / K-2	U 18 Women	18 km	short + 4 laps	4 portages
K-1 / K-2 , C-1	U18 Men	18 km	short + 4 laps	4 portages
K-1 / K-2 , C-1 /C-2	Men	26 km	short + 6 laps	6 portages
K-1 / K-2 , C-1 /C-2	Men masters 35 years -> (35-39, 40-44 etc.)	18 km	short + 4 laps	4 portages
K-1 / K-2 , C-1 /C-2	Men masters 65 years ->(65-69, 70-74 etc.)	18 km	short + 4 laps	No portages
K-1 / K-2	Women	22 km	short + 5 laps	5 portages
K-1 / K-2	Women masters 35 years -> (35-39, 40-44 etc.)	18 km	short + 4 laps	4 portages
K-1 / K-2	Women masters 65 years -> (65-69, 70-74 etc.)	18 km	short + 4 laps	No portages

In the Nordic Championships a class must include at least 4 athletes from two different countries for the class to hold a championship rank. There are no country specific limitations regarding the number of participants. In the Finnish Championship classes and in the Finnish Junior Championship classes there must be a minimum of 3 athletes for the race to take place. In the instance that the number of athletes in a class is under 3, the classes in question will be merged with a younger age group. The 65 years and over classes will be held regardless, even if each series has only one participant. In the Finnish Championships it is possible for an athlete from the 18 yo-, 23 yo- or Master-classes to participate in the general classes, in addition to their own class.

The competitors compete on their own responsibility and risk. In the junior classes (10 yo, 12 yo, and 14 yo) it is mandatory to wear a life vest, but the event organizer can demand vests to be worn by all competitors regardless of age. Melamajavat recommend the use of a life vest to all participants for safety reasons.



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Route

Junior Championships- and Nordic Junior Championships-classes: (14 year-olds. and 16 year-olds.)

The start and the finishing line are both located in front of the Melamajavat clubhouse. The start happens upstream towards the turning point in front of Kirjurinluoto beach. The turning point has three flags, which have to be passed on the right-hand side. From the turning point the route leads back towards the Melamajavat building.

The portage portion is in front of the building, and both the pier and shoreline can be used to disembark. This section includes a 100 meter dash through the yard of the building, at the end of which the competitor will again board the kayak either from land or from the pier. After the portage section the route continues downstream to another turning point. This turning point is again marked with flags which the competitor has to pass. After the turning point the route continues upstream towards the city. The finishing line is located in front of the building, and the finishing line is crossed by paddling upstream from the turning point and then downstream towards the finishing line. The length of one lap is 4 kilometers.

Please take into consideration that the area may have busy boat traffic.

Finnish Championships- and Nordic Championships- classes: (18 year-olds, 23 year-olds, general, masters)

The starting point is in front of Polsanluoto, about 600 meters upstream from the Melamajavat clubhouse. The start happens downstream towards the turning point (the first short lap does not include a portage, which means the competitors will paddle straight to the turning point after the start). The turning point downstream is marked with flags, which are to be passed from the right-hand side. The second turning point is in front of Kirjurinluoto beach, and has three flags. From this turning point the route goes back towards the Melamajavat building.

The portage portion is in front of the building, and the competitors may disembark on the pier or alternatively on the shoreline. During this portion the competitors will run about 100 meters through the building's yard, at the end of which they can again board on the pier or on the shoreline. After the portage portion the competitors will paddle downstream towards the turning point. The downstream turning point is marked with flags, and from there the lap continues upstream towards the city. The finishing line is located in front of the building, and the competitors have to paddle through the downstream turning point and then upstream to cross the finish line. One lap is about 4 kilometers in length. There are no portages in the 65 years and over series.

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ATTENTION! The number of participants and general conditions may affect how a simultaneous start can be executed in the narrow river. The organizing club reserves the right to change the starting point of the race, which can also lead to changes in lap length. This possible change will be announced beforehand on the competition's own web page.

Finnish Cup-classes:

The competition's starting and finishing line are both located in front of the Melamajavat building. The start will be upstream towards the turning point in front of Polsanluoto. The turning point has flags, which are to be passed on the right-hand side. From this turning point the competitors will paddle back towards the Melamajavat building.

The portage portion is in front of the building, and the competitors may disembark on the pier or on the shore. The portion includes a 100 meter dash through the yard of the building, at the end of which the competitors may again board from the pier or alternatively from the shore. In the 10 and 12 year-olds series the competitor can be assisted during the portage. After the portage portion the competitors will paddle downstream towards the turning point. The downstream turning point is marked with flags, and from there the route continues upstream towards the city. The finishing line is located in front of the building, and the competitor will paddle through the downstream turning point, and then upstream to cross the finishing line. One lap is about 2 kilometers in length.

The Finnish Cup's open course classes will be paddling the same 4 kilometer route as the Junior Championships/Finnish Championships-series, which means the turning point will be in front of Kirjurinluoto. The open course classes does not have a portage portion.

Please take into consideration that the area may have busy boat traffic.

Registration and competition fees

Registration for the Junior Championship and the Finnish Championship competitions has to be completed by 3.7.2019 by contacting The Finnish Canoeing and Rowing Federation's office (email: toimisto@melontajasoutuliitto.fi) as well as the organizing club (email: pauliina.kyha@gmail.com), in accordance with the competition rules. Be sure to include either "Marathon Finnish Championships" or "Marathon Junior Championships competition" in your registration message.

Registration for the Nordic Championship competitions must be complete by 3.7.2019 by email to the address: pauliina.kyha@gmail.com. The registration message must include the following information:



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- the team leader's email address and phone number
- the participant's name, sex, date of birth, club/country and class

The Junior Championship-, Finnish Championship- and Nordic Championship-competitions do not accept registrations after the deadline.

Registrations for the Finnish Cup have to be sent by 6.7.2019 by email to the address: pauliina.kyha@gmail.com. Registration for the Finnish Cup is also possible on the day of the race before the team leader's meeting.

The competition fees are as follows:

- K-1, C-1 (Junior Championship, Finnish Championship and Nordic Championship-competition) **25 euros per boat**
- K-2, C-2 (Junior Championship, Finnish Championship and Nordic Championship-competition) **30 euros per boat**
- K-1 Finnish Cup **14 euros per boat**

Payments are due by 3.7.2019 regarding the Junior Championship-, Finnish Championship- and Nordic Championship-competitions.

The Finnish Cup's event fee is due by 6.7.2019 to the Melamajavat account (account number below):

IBAN: FI 61 5701 5640 0041 72, BIC: OKOYFIHH

General information

The race center, parking in Karjaranta/Jokiniityntie

The race center is the Melamajavat building, which is located about 3 kilometers from Pori's city center (address: Hevosluodontie, 28100 Pori). The building's area has very limited space, which is why competitors and other people arriving by car are asked to walk to the building from the opposite shore, which is the Karjaranta housing fare area. The distance between the parking area and the building is about 300 meters, and there is a walking bridge between the parking area and the Melamajavat building.



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All cars are to be parked in the parking area on the opposite shore, which is accessible from Karjaranta along the road marked Jokiniityntie. A map of the area is included in this invite. The drivers responsible for equipment transportation that have a trailer can leave the equipment at the building before the race, after which the car has to be parked on the opposite shore.

The race center's services

The race center has lavatories and tents for changing clothes; however shower facilities are not available.

Cafeteria products/foods, as well as a soup lunch are available for the competitors and the audience. The closest restaurant is ABC Tikkula (address Tikkulantie 2, 28120 Pori). There is also a grocery store in the same building.

The Melamajavat building does not have a water main and there is a limited supply of drinking water, which is why we ask competitors to prepare accordingly with their own water bottles.

If your team requires storage spots for kayaks, please contact race leader Pauliina Kyhä (email: pauliina.kyha@gmail.com) **no later than the time of registration**. There is a limited amount of storage spots available at the building.

Accommodation

Participants will manage their own accommodations. There are multiple accommodation options available in Pori and the surrounding areas, however availability is limited due to a very busy summer season here in Pori.

Pori's Scandic Hotel has agreed to provide the competition crowd a standard single room (1 person) for the price of 111€/night, as well as a standard double room (2 persons) for the price of 131€/night when using the promotion code "Nordic". Bookings can be made by phone, +46 8 517 517 00 (English speaking customer service), or by email; pori@scandichotels.com. There is a limited amount of promotional rooms available.

Additional information about accommodation can be viewed from the service provider's websites, or from Pori's own travel guide service; www.visitpori.fi.



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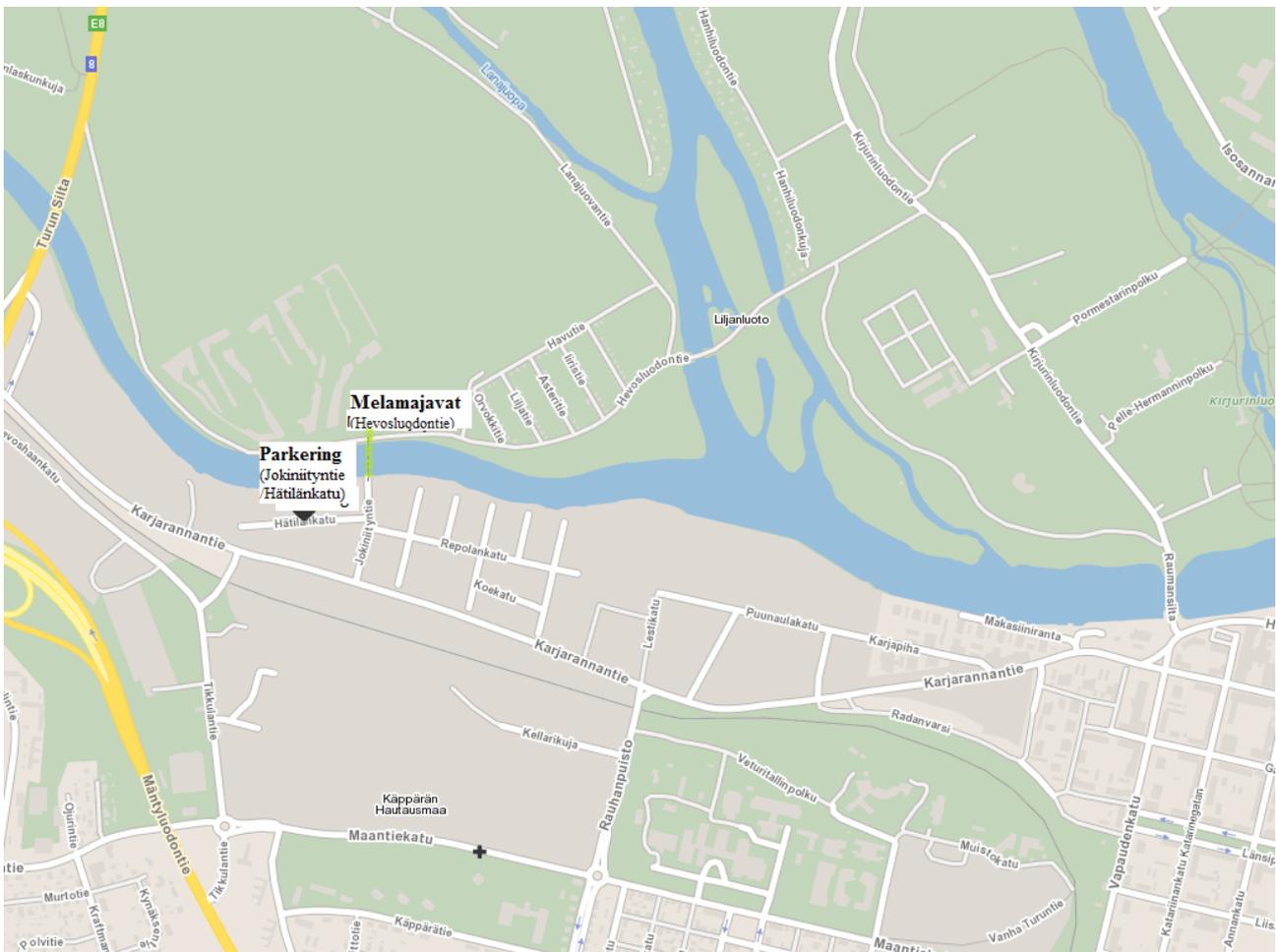
The results will be released after the race in www.melamajavat.fi.

INQUIRIES

Race leader Pauliina Kyhä; pauliina.kyha@gmail.com

www.melamajavat.fi

Map of arrival to the race site



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Route map for Junior Championships & Nordic Championships



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Route map for Junior Finnish Cup

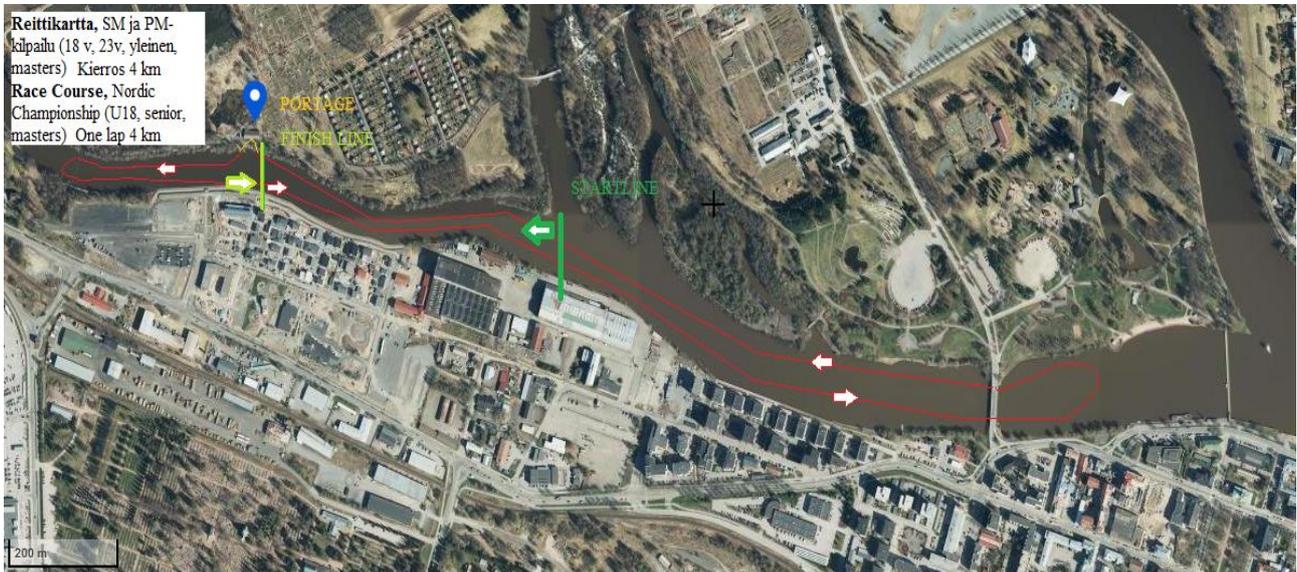


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Route map for Finnish Championship and Nordic Championships-
race



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